

Friday.

Shotton

60 min & 90 min
10.30
Melrose Inn
CH5 1LR
Grade 1 to 2 easy/mod
Facilities PTBR

Saturday.

Penyffordd

60-90 min
10.00am
Royal British Legion car park
CH4 0JZ
Grade 0 intro 1 Easy
Facilities PTRB
2nd and 4th Saturday

Halkyn

90 min
10.30 Blue Bell Inn
CH8 8DL
Grade 1 to 2 easy/mod
Facilities PTBR

Halkyn

180 min 10.30 Blue Bell Inn
CH8 8DL
Grade 3 hard
Facilities PTBR
Note: 3rd Sat each month;
bring a picnic

Llanasa

180 min
10.00
various start points
Grade 2 moderate
Call Jeff Morgan on 01745 570
981 to confirm start point
Facilities PR
2nd Saturday each month

Sunday.

Holywell

180 min
09.45
usually Home Bargains
CH8 7TQ
Grade 3 moderate
Facilities PTBR
Call 07577 555 168 to confirm
start point.

Notes: All our walks have been
graded to help choose a walk
suitable for your abilities

Grade 0 Introductory; Short
mostly flat circular walks up to
1.5 miles. Suitable for
beginners and those with
pushchairs.

Grade 1 Easy; Mostly flat with
slight inclines on footpaths and
no stiles.

Grade 2 Moderate; Inclines on
footpaths and grassland and
could include stiles.

Grade 3 Hard; Some steeper
inclines and stiles over
footpaths and grassland.

Facilities available at the start of
the walk are;

P = parking
T = toilets
R = refreshments
B = on a 'bus route

Some walks have a star (*). This
means that there are car share/out-
of-town walks organised from time
to time.

Please contact your walk leader or
see our website for more details.

Telephone numbers are included
where the walk start varies. Please
contact the walk leader to confirm
the start point.

**Dog walkers are welcome subject
to certain conditions.**

**Please see our website for full
details. If you would like to see
this programme in Welsh, please
go to our website which is;**

www.walkaboutflintshire.com

Free led walks for all abilities.

Walkabout Flintshire

Fun + Fitness + Friendship

Walking has been shown to improve fitness
and self confidence in all ages.

Choose a walk to suit your ability and just
turn up at the start. There's no need to book in
advance.

Aim to arrive at least 15 minutes before the
start time. This will give you time to register
and listen to the walk leader's briefing.

All walks are led by trained volunteers.

Please ensure you have either stout shoes or
walking boots and don't forget to bring
waterproof clothing in case of rain!

Details of other organisations offering led
walks in this area can be found on our
website; www.walkaboutflintshire.com

Every effort has been made to ensure
accuracy of this publication. We cannot accept
responsibility for any errors or omissions.

Updated 4th March 2025

<p>Monday.</p> <p>Mold * 60 min to 90 min 10.30 Tesco car park Mold CH7 1UB Grade 1 easy to 2 mod Facilities PTBR</p>	<p>Tuesday.</p> <p>Holywell 90 min & 120 min 13.00 Leisure Centre CH8 7UZ Grade 2 moderate Facilities PTBR</p> <p>Mold * 90 min to 120 min 14.00 Queens Head CH7 1UQ Grade 3 hard Facilities PBTR</p> <p>Halkyn 60 min and 90 min 19.00 Blue Bell Inn CH8 8DL a. Grade 1 easy b. Grade 1 to 2 easy to moderate Facilities PTR (Note: April to September only)</p>	<p>Wednesday.</p> <p>Flint 90 min 10.30 Jade Jones Pavilion CH6 5ER Grade 1 to 2 easy to moderate Facilities PTBR</p> <p>Caerwys 60 – 120 min 10.00 (wef 10/10/23) Marian Car Park Grade 2 moderate Facilities PTR</p> <p>)</p>	<p>Thursday.</p> <p>Halkyn 90 min 14.00 Blue Bell Inn CH8 8DL a. Grade 2 moderate b. Grade 3 hard Facilities PTBR</p>	<p style="text-align: center;">Nordic Walks</p> <p style="text-align: center;">Tuesday Greenfield Valley Copper Hill Pool (sometimes Greenfield Dock: check first) 10.00 about 60 minutes Grade 1 or 2 easy to moderate Facilities PTBR Tel: 01352 711 309 for start point (not during school holidays)</p> <p style="text-align: center;">For more details of special, out-of-town, charity, pram walks and loads more, please go to our website; www.walkaboutflintshire.com</p> <p style="text-align: center;">Follow us on Facebook.com/Walkabout Flintshire and Twitter.</p>
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